

F1 and F2 Overview  
Jigsaw – Changing Me

2021 - 22	Session	Objectives	Vocabulary	Notes/ Resources
F1 (F1 content/ Nursery)	1. My body	Name parts of the body and show respect for yourself.	<ul style="list-style-type: none"> <li>• Eye</li> <li>• Ear</li> <li>• Knee</li> <li>• Finger</li> <li>• Foot</li> <li>• Mouth</li> <li>• Nose</li> <li>• Stomach</li> <li>• Eyebrow</li> <li>• Arm</li> <li>• Tongue</li> <li>• Toe</li> <li>• Forehead</li> <li>• Chest</li> <li>• Hand</li> <li>• Leg</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Bag/ box</li> <li>• Labels and pictures of body parts that will go together to form a whole body</li> </ul>
	2. Respecting my Body	Discuss some things that you can do and some food you can eat to be healthy.	<ul style="list-style-type: none"> <li>• Healthy</li> <li>• Not healthy</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Healthy pictures</li> <li>• Not healthy pictures</li> </ul>
	3. Growing Up	Understand that we all start as babies and grow into children and then adults.	<ul style="list-style-type: none"> <li>• Baby</li> <li>• Toddler</li> <li>• Different</li> <li>• Change</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Pictures – ranging from a baby to a toddler, showing different stages of development – drinking milk., crawling, walking, etc.</li> </ul>

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	4. Growth and Change	Know that people grow and change.	<ul style="list-style-type: none"> <li>• Grow</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Seeds</li> <li>• Pots</li> <li>• Compost</li> <li>• Book – The huge bag of worries by Virginia Ironside</li> </ul>
	5. Fun and Fears	Discuss how you feel moving to School from Nursery.	<ul style="list-style-type: none"> <li>• Happy</li> <li>• Sad</li> <li>• Excited</li> <li>• Worried</li> <li>• Scared</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Music</li> </ul>
	6. Celebration	Remember some fun things about Nursery this year.	<ul style="list-style-type: none"> <li>• Remember</li> <li>• Fun</li> <li>• Exciting</li> <li>• Memories</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> </ul>

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F2  (F2 content/ Found)	1. My Body	Name parts of the body.	<ul style="list-style-type: none"> <li>• Eye</li> <li>• Ear</li> <li>• Knee</li> <li>• Finger</li> <li>• Foot</li> <li>• Mouth</li> <li>• Nose</li> <li>• Stomach</li> <li>• Eyebrow</li> <li>• Arm</li> <li>• Tongue</li> <li>• Toe</li> <li>• Forehead</li> <li>• Chest</li> <li>• Hand</li> <li>• Leg</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Large paper (fit outline of a child on)</li> <li>• Labels – body parts</li> <li>• Book – Look inside your body by Louie Stowell</li> </ul>
	2. Respecting my Body	Discuss some things that you can do and some food you can eat to be healthy.	<ul style="list-style-type: none"> <li>• Healthy</li> <li>• Unhealthy</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Healthy pictures</li> <li>• Not healthy pictures</li> <li>• Sorting hoops</li> </ul>
	3. Growing Up	Understand that we all grow from babies to adults.	<ul style="list-style-type: none"> <li>• Baby</li> <li>• Toddler</li> <li>• Different</li> <li>• Change</li> <li>• Grow</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Pictures – ranging from a baby to a toddler, showing different stages of development – drinking milk., crawling, walking, etc.</li> </ul>

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	4. Fun and Fears 1	Express how you feel about moving to Year 1.	<ul style="list-style-type: none"> <li>• Emotions</li> <li>• Excited</li> <li>• Nervous</li> <li>• Scared</li> <li>• Happy</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Book – The huge bag of worries by Virginia Ironside</li> <li>• Post box for worries/ looking forward to ideas</li> </ul>
	5. Fun and Fears 2	Talk about your worries and the things you are looking forward to about being in Year 1.	<ul style="list-style-type: none"> <li>• Happy</li> <li>• Sad</li> <li>• Excited</li> <li>• Worried</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Jigsaw Jack piece</li> <li>• Music</li> </ul>
	6. Celebration	Share your memories of the best bits of your year in Reception.	<ul style="list-style-type: none"> <li>• Remember</li> <li>• Fun</li> <li>• Exciting</li> <li>• Memories</li> <li>• Favourite</li> </ul>	<ul style="list-style-type: none"> <li>• Jigsaw Jenie piece</li> <li>• Paper</li> <li>• Special box</li> </ul>